

PSHE, SRE, Drugs and Alcohol Education, SMSC and Seal Overview

Terms	SEAL	My money week: - June / Tolerance and Understanding Week incorporating Anti-Bullying Week - November					
	Social and emotional aspects of learning	Key Stage 1		Key stage 2			
		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
1	New beginnings	Keeping safe	Understanding dangers Keeping myself and others safe	Safety education Looking out for dangers Actions and consequences Keeping safe, feeling safe	Safety education Road safety Water safety Rail safety Keeping safe Taking responsibility for my own safety	Safety education Risks Responsibility for judgements Responsibility for own safety Safe use of internet and mobile phones People I trust	Safety education First aid Emergencies People I trust Consider consequences of your actions
2	Say no to bullying Getting on and falling out	Anti-bullying understanding right and wrong	Anti-bullying understanding right and wrong	Anti-bullying education Caring for others Bullying Self esteem Challenging stereotypes	Anti-bullying education	Anti-bullying education Rules and laws Stereotyping Challenging all 'isms' Media impact	Anti-bullying education Bullying Network of friends
3	Going for goals Relationships SRE	Drugs education	Drugs education	Drugs education Peer pressure	Drugs education Peer pressure	Puberty +logistics for girls Hygiene Positive and negative relationships	Puberty Reproduction Conception and pregnancy Gender and sexuality Adult relationships Being a parent—roles and responsibilities
4	Good to be me	Emotional health and wellbeing Valuing myself Healthy eating	Emotional health and wellbeing Differences between boys and girls Healthy eating Making choices	Emotional health and wellbeing Healthy eating	Emotional health and wellbeing Relationships Feelings and emotions Resilience Healthy eating	Emotional health and wellbeing Healthy eating Choices	Emotional health and wellbeing Healthy eating Risk Valuing myself and others Peer pressure Media influence
5	Relationships SRE Going for goals	Growing and changing Being a good friend	Growing independence Differences between male and female	Growing and changing Relationships Family differences—challenging stereotypes Personal hygiene	Growing and changing Human life cycle Basic puberty	Drugs education Peer pressure	Drugs education Peer pressure Facts Media
6	Changes	Making choices Being healthy Consequences	Hygiene Exercise Teeth cleaning	Decision making Exercise Health professionals	Exercise Keeping healthy Healthy schools—physical and social environment	Physical and social environment Developing and using the school grounds	Transition to secondary school Gaining support and help Accessing information